The Metacrisis
Start Here



This list is intended as a start point for people new to the metacrisis.

It is some of the people and resources that have inspired us, and is by no means comprehensive.

We urge you to explore what seems interesting and relevant for you …

Metacrisis 101

by sloww.co

website



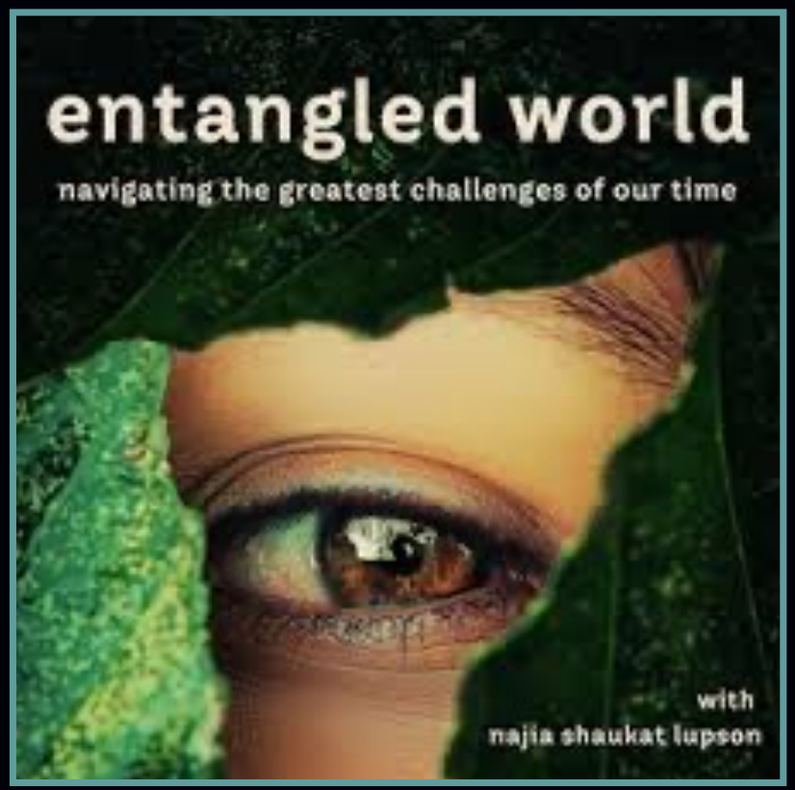
An overview of the key thinkers and ideas, with lots of links to explore.

What is the Metacrisis?

by Najia Shaukat Lupson

video

listen



If you enjoy the video, then Najia's podcast is well worth a listen.

She has a gentle, human style, and finds consistently interesting guests.

The Great Simplification
with Nate Hagens

introductory video

website



Nate has other videos, and his podcast is the ‘go-to’ resource on the metacrisis.

Find all his work on the website.

The World is in Crisis

by Rachel Donald

article

website



The article is a fantastic summary of our predicament.

Rachel is an investigative journalist, and both her writing and podcast are excellent.

Bend Not Break

with Daniel Schmachtenberger

video

podcast



Daniel is a leading voice in the metacrisis space, and more of his work can be found **HERE**.

He can be both **CHALLENGING**, and **INSPIRING**.

A Problem Well-Stated is Half-Solved

with Daniel Schmachtenberger

short version

long version



An analysis of how the metacrisis shows up in relation to technology.

This interview has an edited version with the essentials, and a longer version with more detail.

Living in the Metacrisis

with Jonathan Rowson

video

Substack

Perspectiva

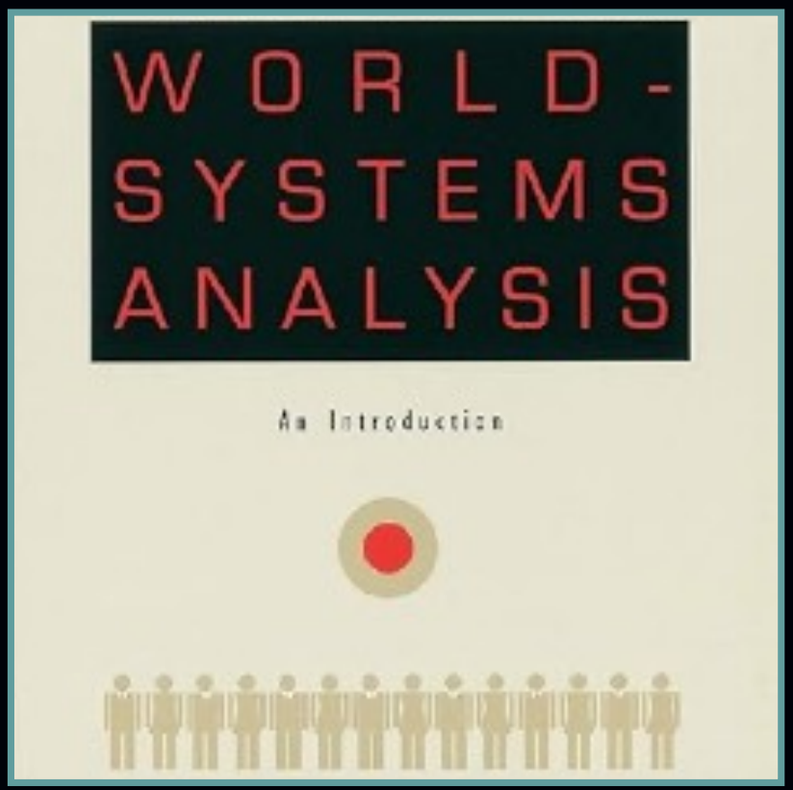


The metacrisis is not just something to study and analyse - it is affecting us all.

Jonathan also runs Perspectiva, and writes on Substack.

World-Systems Analysis
by Immanuel Wallerstein

book

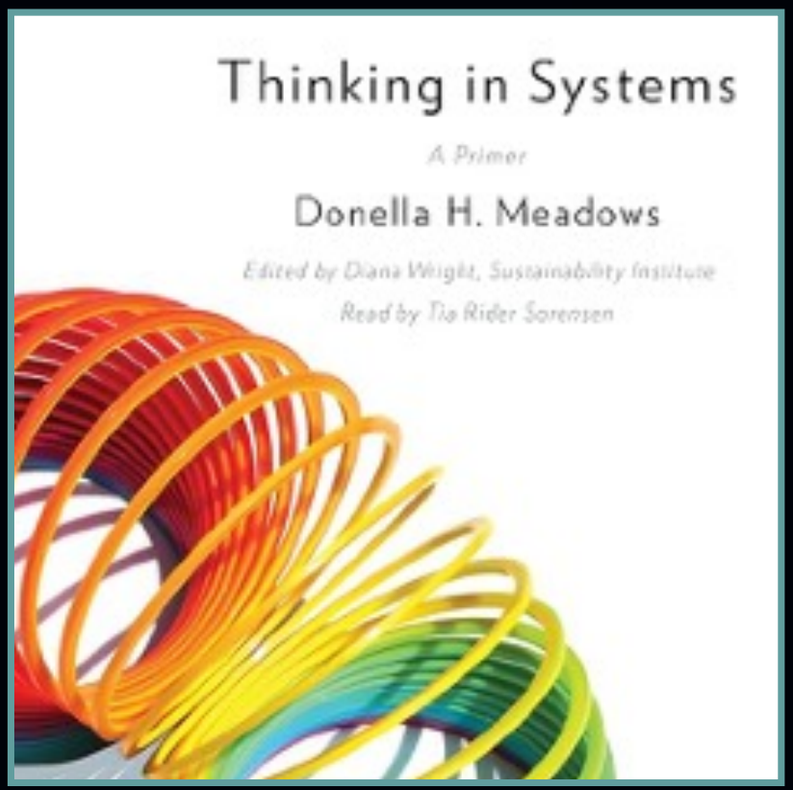


While he doesn't use the term 'metacrisis', Wallerstein has been working in the field for decades. This is a succinct, accessible introduction to his work.

Thinking in Systems

by Donella Meadows

book

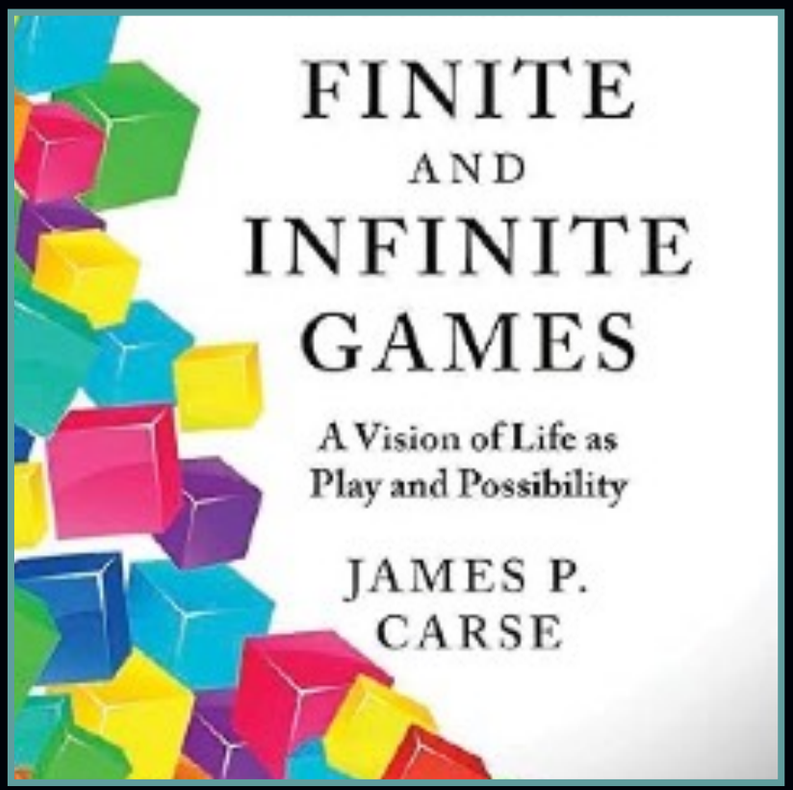


This classic introduction to systems thinking is short, easily digestible, and provides an invaluable framework for thinking about interconnected challenges.

Finite and Infinite Games

by James P. Carse

book



Not directly related to the topic, but the metacrisis is most certainly an ‘infinite game’.

If you'd like to know more, we offer a 2-hour 'What is the Metacrisis?' workshop, that explains the key ideas.

It's available on a 'pay what you can' basis [which might mean nothing], to both individuals and organisations.

EMAIL us for details, or **SUBSCRIBE** to our newsletter to stay up to date with everything we're doing.

Let's see what emerges…



Metacrisis Diplomats

metacrisisdiplomats.com

